



MG Tune-Up Specifications

MODEL	TC	TD	TF	MGA	MGB 1962—67	MGB 1968—71	MGB 1972—74	MGB 1975	MGB 1976—80
HEAD TORQUE	50	50	50	55	55	55	55	55	55
VALVE LASH	0.015	0.015	0.015	0.015	0.015	0.015	0.013	0.013	0.013
CHAMPION PLUG	L-87 ^a	L-87 ^a N-5 ^b	N-5	N-5	N9Y	N9Y	N9Y	N9Y	N9Y
PLUG GAP	0.035	0.035	0.035	0.035	0.035	0.035	0.035	0.035	0.035
POINT GAP	0.011	0.011	0.015	0.015	0.015	0.015	0.015	0.015	ELECT
DWELL	45 ¹ 49 ² 60	45 ¹ 49 ² 60	60°	60°	60°	60°	60°	51°	N/A
TIMING STATIC	0	0	0	8	12				
TIMING @ IDLE				20 B @ 800 vac disc	20 B @ 800 vac disc	20 B @ 800 vac disc	15 B@1500 vac disc	15 B@1500 vac disc	15 B@1500 vac disc
TIMING MAX		32	32	32°	32°	32°	32°	32°	32°
VAC ADV	None	None	None	Ported	Ported	Ported	Manifold	Manifold	Manifold
CARB	H2	H2	H4	H4	HS4	HS4	HIF4	175CD	175CD

- a) There are two types of cylinder heads for the XPAG engine: banana (referring to the water jacket holes) taking a ½” reach plug;
 b) And the round head, taking a ¾” reach plug. Heads are interchanged between models and years! Double check yours!

- 1) There are three types of distributor cams in the T series: Symmetric; Asymmetric; and High Lift. The symmetric dwell is 45°.
 2) The dwell for the Asymmetric is 49° while the dwell for the high lift cam is 60°